

# 7TH FLOOR HEAVEN

Cosseted within the sublime surroundings of The Ritz in the heart of Piccadilly, lies the Hiro Miyoshi at The Ritz Salon. Located in the privacy of the hotel's seventh floor, the salon offers a tranquil and luxurious environment for clients to unwind in the hands of Hiro and his hand-picked and highly-skilled team.

A world away from the hustle and bustle of city life, this exclusive salon has remained at the forefront of London's pampering scene since opening and is committed to offering clients the very best in hair, nail, beauty and relaxation treatments.

For the ultimate indulgence, call on the West End's most iconic hotel and prepare to be pampered. Whether staying at the hotel, or simply passing through, there is nothing that cannot be achieved in the name of beauty in this blissful London sanctuary.

## Reservations

If you are staying with us, you may choose to have a selection of treatments in your bedroom. Please ask us for more information by dialling extension 3435 from your in-room telephone.

Alternatively, to make a reservation or learn more about any of the treatments described overleaf, please visit the Hiro Miyoshi at The Ritz Salon located on the 7th floor or telephone 020 7300 2435.

## Opening Hours

Monday	09:00am - 06:00pm
Tuesday	09:00am - 06:00pm
Wednesday	09:00am - 06:00pm
Thursday	09:00am - 07:00pm
Friday	09:00am - 07:00pm
Saturday	09:00am - 06:00pm

*In-room and out of hours bookings available by request.  
Additional charges will apply.*



# HAIRDRESSING

## **CUT & FINISH by HIRO**

From:

Ladies Cut & Blow Dry	£350
Ladies Blow Dry	£125
Gentlemen's Cut	£200
Hair Up	£250

## **COLOUR by HIRO**

From:

Tint / Toner	£150
Tint & Toner	£225
T-Section	£225
Half Head Highlights	£450
Full Head Highlights	£550
Balayage / Ombre	£450
Colour Change	£550

## **HAIR EXTENSIONS by HIRO**

From:

Half Head EXT	£1500
Full Head EXT	£2500
Removal	£100
Tape EXT	£1000
Tidy Up	£250

## **JAPANESE STRAIGHTENING & PERMING**

From:

Japanese Straightening	£450
Japanese Perming Wave	£350

# HAIRDRESSING

## CUT & FINISH

From:

Ladies Cut & Blow Dry	£125 - £350
Ladies Blow Dry	£85 - £125
Gentlemen's Cut	£85 - £200
Hair Up	£125 - £250

## COLOUR

From:

Tint / Toner	£100 - £150
Tint & Toner	£175 - £225
T-Section	£175 - £225
Half Head Highlights	£225 - £450
Full Head Highlights	£325 - £550
Balayage / Ombre	£325 - £450
Colour Change	£325 - £550

## HAIR EXTENSIONS

From:

Half Head EXT	£1500
Full Head EXT	£2500
Removal	£100
Tape EXT	£1000
Tidy Up	£250

## TREATMENT'S

From:

Intensive Hair Treatment (Nashi Filler)	£75 - £150
Bespoke Hair Treatment	£75 - £450
Keratin / Botox Filler Treatment	£250 - £500

*\*Prices may vary due to hair length or thickness. Additional charge of £20 applies for extensions. Please note that Hiro Miyoshi at The Ritz reserves the right to charge a 100% cancellation fee for any appointments cancelled within 24 hours of the booked appointment time. For full terms and conditions, please visit our website at <https://www.theritzlondon.com/hiro-miyoshi>*



# BRIDAL TREATMENTS

The Ritz London, is possibly the most romantic venue imaginable for your wedding. What better way for a Bride and her Bridesmaids to prepare for the big day than with a Ritz Bridal Hair & Make-Up treatment? Join us in our Hiro Miyoshi at The Ritz Salon for the ultimate experience in pampering and the perfect preparation for the most important day of your life.

We always recommend a hair trial for any Bride before her Wedding Day as prices may vary based on how much time is spent with our stylists.

## Hair & Make-Up Trials by HIRO

Hair Trial for Bride <i>This includes full consultation and hair styling. We advise the Bride to bring all hair accessories, tiaras and pictures of the bridal gown.</i>	£400 / hour
Make-Up Trial for Bride	£300 / hour
Hair Trial for Bridesmaid	£250 / hour
Make-Up Trial for Bridesmaid	£200 / hour

## Wedding Day by HIRO

Bridal Hair	£700 / hour
Bridal Make-Up	£400 / hour

## Hair & Make-Up Trials by STYLIST

Hair Trial for Bride	£250 / hour
Make-Up Trial for Bride	£150 / hour
Hair Trial for Bridesmaid	£175 / hour
Make-Up Trial for Bridesmaid	£150 / hour

## Wedding Day by STYLIST

Bridal Hair	£350 / hour
Bridal Make-Up	£250 / hour
Hair for Bridesmaid	£200 / hour
Make-Up for Bridesmaid	£200 / hour



*Hands  
& Feet  
Treatments*

# HANDS & FEET TREATMENTS

With a selection of treatments for both hands and feet we believe that a little pampering goes a long way. Whether you need a glamorous overhaul for a special occasion or your nails just need a little TLC we aim to transform your hands and feet into works of art.

## MANICURES & PEDICURES

Manicure	£55
French Manicure	£65
Pedicure	£75
French Pedicure	£85
Re-Shape & Varnish	£35

### **The Ritz Champagne Manicure**

£145

A signature manicure which includes filing, cuticle work, exfoliation, 15 mins hand massage, treatment mask and polish to finish. All enjoyed with a glass of Champagne.

### **The Ritz Champagne Pedicure**

£175

A signature pedicure, where the nails are trimmed and filed to shape, cuticles extensively tidied, feet are then exfoliated and hard skin is thoroughly removed. A warming paraffin wax intensely hydrates skin before feet are treated to a therapeutic massage and nails are finished with polish. All enjoyed with a glass of Champagne.

## NAIL CARE for MEN

Men's Manicure	£45
Men's Pedicure	£65

# HANDS & FEET TREATMENTS

## GELS

Gel-based nails that stay ultra glossy, shiny and chip free for up to 14 days. With a wide variety of colours to choose from and all with zero drying time this is the hassle free way of creating the nails you desire.

Gel Manicure	£65
Gel Pedicure	£75
French ( <i>add-on</i> )	£10
Gel Removal	£25
Hard Gel Full Set	£125
Hard Gel Infills	£95
IBX Nail Strengthening Treatment ( <i>add-on only with manicure and gel manicure</i> )	£25

*The IBX Nail Strengthening Treatment is a 10 Minute service that helps to repair damaged and weak nails, it is an add on service that can be requested for when having a manicure or gel manicure and is a perfect solution for brittle nails as it works towards preventing the nails from peeling and splitting.*

## TREATMENTS

Warm Paraffin Wax (intensely hydrates skin)	£45
Organic Mask Treatment	£20
RF Skin Tightening (Hands)	£60

*\*More information on the Venus RF Skin Tightening can be found in the Facial and Body Treatments section of this service menu.*



# FACIAL & BODY TREATMENTS

## FACIALS

Formulated using only the highest pharmaceutical grade botanical ingredients, iS CLINICAL® is a globally acclaimed range of clinically proven luxury prescriptive cosmeceuticals. Developed by a leading anti-aging clinical team the brand prides itself on its global approach to R&D, which enables the unique ability to combine traditional botanical medicine with advanced technological formulation expertise.

The iS CLINICAL® benefits include;

- 95-98% botanically derived
- Pharma grade quality cosmeceuticals
- Results driven “active level” formulations
- Fragrance and paraben free
- World renowned Fire & Ice signature treatment
- Non systemic - pregnancy safe
- Multi-Tasking rounded formulations
- Cancer care programme & solutions
- Features safe & highly effective growth factors
- Clinicals on fully finished formulations

### FIRE & ICE

Our most popular facial, this intensive clinical treatment is designed to rapidly and safely resurface the skin, diminishing the appearance of fine lines and wrinkles while smoothing, softening and encouraging overall skin rejuvenation. Excellent for all skin types and ages, this facial results in a complexion that is dramatically refined, with no downtime, peeling, or other negative side effects.

£150  
60 mins

### CHAMPAGNE ENZYME FACIAL

The powerful yet soothing Champagne Enzyme Facial combines papaya and pineapple enzymes with a potent clinical-level grade of glycolic acid. This professional treatment produces a luxurious foam while bioactive ingredients exfoliate and deep-cleanse the pores; revealing a polished, healthy and radiant complexion.

£150  
60 mins

# FACIAL & BODY TREATMENTS

## HARMONY FACIAL

This soothing and revitalising facial is designed to awaken the senses and restore the balance of hydration to the skin as it renews tone, clarity and resilience. The Harmony Facial captures the essence of refreshing and therapeutic bionutrients and brings forth vibrant energy and circulation, giving a healthy glow to fatigued skin. Great for sensitive skin types.

£150  
60 mins

## LED GLOW FACIAL

The Deesse LED mask is one of the worlds original and most famous LED phototherapy services and has been hailed by the Telegraph as being one of the key treatment trends for 2019. The Deesse PRO is developed by the original market leaders in mask LED treatment and uses low level light therapy (LLLT) to expose the skin to 5 clinically proven wavelengths of light, delivered at a safe therapeutic dose, to stimulate a natural cellular response. As a stand alone treatment or integrated with existing treatments this celebrity loved services benefits include;

- Increases the production of collagen and elastin
- Helps reduce fine lines
- Improves skin texture and radiance
- Revitalises the complexion
- Improves congested and breakout prone skin
- Calms redness and inflammation
- Stimulates lymphatic system
- Speeds healing process

£75  
30 mins

# FACIAL & BODY TREATMENTS

## SIGNATURE FACIALS

After a detailed consultation our aesthetician will advise on the best treatments for you, tailored and specifically designed for your needs, offering honest and practical advice to help you get the best results.

### HM RED CARPET READY

£190  
90 mins

This experience combines one of our iS CLINICAL® facials followed by a DÉESSE LED mask and an exclusive hand and arm treatment.

*Perfect For: Clarity, radiance, city skin, pore perfector, detox, anti ageing, preventative, bride-to-be, red carpet events*

### HM FUSION FACIAL

£280  
90 mins

More than just a facial, this multi-method treatment is our guests favourite. A customized results-driven experience, which blends the most effective non-invasive technology including collagen boosting radio frequency, expertly selected comfortable peels, masks and active serums. Offering instant glow and definition with long lasting results for visibly lifted, smoother and more youthful skin.

*Perfect For: Ageing well, preventative, radiance, loss of firmness, collagen boosting, skin tone and volume, cheek and jaw tightening, bride-to-be, red carpet events*

### HM LIFT HYBRID

£325  
110 mins

Combining multi-polar radio-frequency and magnetic technology, this treatment works to stimulate your own collagen production and increase oxygen within the skin, improving cell regeneration for immediate and long lasting lifting, firming and plumping results for the face, neck and hands. Blended with a selection of skin restoring serums, masks and LED light therapy this facial offers an instant glow and definition with long lasting results for visibly lifted, smoother and more youthful skin.

*Perfect For: Ageing well, collagen boosting, skin tone and volume, cheek and jaw tightening, preventative, clarity, radiance, city skin, loss of firmness, bride-to-be, red carpet events*

# FACIAL & BODY TREATMENTS

## VENUS RF SKIN TIGHTENING

<b>FACE</b>	£150 45 mins
<b>FACE &amp; NECK</b>	£190 60 mins
<b>DÉCOLLETAGE</b>	£120 30 mins

The Venus Versa Radio-frequency treatment utilises both Multi-Polar Radio Frequency and Pulsed Electromagnetic Fields to deliver focused but controlled energy deep within the skin. The revolutionary hand-held head delivers a uniform, targeted heat to the deeper layers of the skin to increase the production of collagen and stimulate circulation, thus promoting the skin's natural regenerative properties. This effectively tightens and lifts to enhance facial contours, whilst improving the skin's overall radiance. The instant lifting and tightening of this treatment is quite remarkable.

Venus Versa Radio Frequency is great for everyone but specifically those concerned with loss of elasticity, skin ageing and those looking for a radiant, well toned and lifted complexion with skin tightening.

The benefits of the Venus Radio Frequency Include;

- Helps minimise and improve fine lines and wrinkles
- Firms and lifts loose skin on the face and neck
- Sculpts the contours of the face and neck area for a more youthful looking appearance
- Tones and lifts for an immediately radiant effect – great for special occasions
- Increases angiogenesis, the production of new blood vessels, to provide more nutrients and oxygen to the cells, thus increasing cellular performance and skin function
- Helps reduce the fatty deposits under the chin and jawline

# FACIAL & BODY TREATMENTS

## VENUS RF BODY CONTOURING

### BODY CONTOURING

#### 1 x AREA

*(Abdomen / Flanks / Bra Fat / Arms / Buttocks / Thighs)*

£150  
30 mins

Venus Versa™ body shaping treatments use radio frequency technology to naturally boost collagen production and break down fat cells, tightens sagging skin, smoothens out cellulite, and makes the body look slimmer, sculpted, and more toned. Radio frequency is proven safe and effective for all skin tones. Venus Versa™ stimulates a natural healing response, resulting in a dramatic improvement to the skin and body with virtually no pain and no downtime. Treatments are so comfortable that they've often been compared to a relaxing hot stone massage.

## INTENSE PULSE LIGHT

#### FULL FACE IPL

£190  
60 mins

#### HANDS

£100  
30 mins

Intense pulse Light (IPL) treatments effectively treat a variety of conditions on various areas of the body, from all-over treatments to targeted areas and all with minimal downtime. By targeting a beam of infrared light to varying layers of the skin, the heat generated destroys the damaged cells whilst leaving the surrounding tissue intact. This targeted stimulation also enhances the stimulation of collagen and elastin production, thus improving overall skin texture and signs of premature ageing.

The benefits of The Venus IPL;

- Helps improve signs of premature ageing – fine lines, discoloration, loss of radiance
- Helps reduce pore size and refine the skin's texture
- Helps diminish diffused redness caused by broken capillaries and rosacea
- Brightens skin tone by fading freckles and sun spots
- Addresses hyperpigmentation
- Provides overall skin rejuvenation

**Patch test required.**



*Waxing &  
Hair Removal  
Treatments*

# WAXING

*using Perron Rigot strip & hot wax*

Lip / Nose / Side of Face / Chin	£20
Full Face	£70
Half Leg	£40
Full Leg	£60
Full Leg & Bikini Line	£75
Bikini Line	£30
High Bikini	£40
Brazilian / Hollywood	£55
Under Arm	£25
Half Arm	£35
Full Arm	£45
Back	£40
Chest	£40
Eyebrow Shape	£30
Eyebrow Tint	£25
Eyelash Tint	£30

## IPL HAIR REMOVAL

Venus Versa is transforming hair removal by using IPL (intense pulse light) with SmartPlus technology to reduce unwanted hair on the face and body. The treatment works by delivering energy to deeper layers of the skin to target melanin in the hair pigment and destroy the follicle. **A course of 6 treatments is recommended for significant hair reduction. Patch test required.**

### **SMALL AREA**

*(Lip / Chin / Toes / Belly Button)*

£59  
30 mins

### **MEDIUM AREA**

*(Bikini Line / Under Arms / Side of Face / Neck)*

£79  
45 mins

### **LARGE AREA**

*(Bottom / Brazilian / Hollywood / Half Leg / Half Arm / Full Face / Half Chest / Half Back / Shoulders)*

£109  
60 mins

### **EXTRA LARGE AREA**

*(Full Arm / Full Leg / Full Back)*

£139  
90 mins



# THE HIRO MIYOSHI SIGNATURES

## **The Ritz HM Signature**

This relaxing full body massage encourages the body to take on a slower daily rhythm and promotes the feeling of totally letting go. Slow, restrained and enveloping movements are the key to this signature massage. To fully unwind the full body massage is then followed by a stress relieving scalp massage and finished off with the famous Japanese natural facelift massage.

£235 - £295  
90 | 120 mins

## **The Signature Body Detox**

A powerful blend of massage and detoxifying herbal compress that provides a warming sensation and unique feeling of texture. Benefits include induced deep relaxation, relieves stress and fatigue, boosts both emotional and physical well-being, assists alignment and the postural integrity of the body, improves circulation of blood and stimulates the internal organs. The herbs in the compress possess properties that are anti-inflammatory, antiseptic, astringent and antioxidant. This service is an ideal treatment to ease jet lag after a long flight.

*\*A minimum of 30 minutes notice is required before desired appointment time.*

£185 - £225  
60 | 90 mins

## **HM Organic Indulgence**

This exclusive and indulgent treatment can be experienced for 90 mins or 2 hours. With the use of 100% Organic Rose Oil products sourced directly from Bulgaria you will be made to truly feel like a goddess. Focusing on the whole body as well as the face the Rose Oils will leave the skin feeling hydrated and replenished from head to toe. With the rhythmic and therapeutic four hand massage techniques alongside the beautiful scent of the Rose Oils that will help relax and calm the senses this will be an experience that can only be described as unforgettable.

£700 - £1000  
90 | 120 mins

# MASSAGES

## **The Ritz Bespoke Massage**

After a thorough consultation, a tailor-made treatment is then designed to allow the therapist to use a combination of personalised therapeutic skills and techniques to fulfil all of your needs.

£145 - £185  
60 | 90 mins

## **Deep Tissue Massage**

A massage designed to alleviate stress, ease aching muscles and revive your senses with the use of deep rhythmic pressure.

£145 - £185  
60 | 90 mins

## **Neck, Back and Shoulder**

A massage which adds emphasis on three specific locations and focuses solely on the upper body in order to ease away the stresses and strains of day to day life.

£135  
45 mins

## **Foot Massage**

The use of this massage helps to activate nerve endings directly. Pressure points in the feet are stimulated and massaged to release blocked energy in surrounding areas throughout the body to create an increased feeling of positive well-being.

*Can be combined with other services such as **Blow-dries, Facials***

£110 - £145 - £185  
45 | 60 | 90 mins

# MASSAGES

## Face Massage

Originating from Japan, this massage offers clients an instant difference in their facial structure, using specific Japanese face sculpting techniques this treatment improves circulation and rejuvenates the layers of the skin whilst encouraging firmness and more defined tone to the face. This non-invasive face sculpting massage aims to relax and rebalance the skin, this will also have a positive effect on the rest of the body and a more positive feeling of general well-being.

£145  
60 mins

## Hydrotherm Therapy

*(Specialised Treatment performed in a Face up Position)*

Using a warm water cushion to support you in perfect spinal alignment, Hydrotherm is perfect for every phase of life. The entire treatment is carried out with the client lain only upon their back. No face holes and no need to turn over during treatment either. Just lay and relax as your therapist gives you one of the best massage experiences in the world today.

*Also available as an add-on.*

£165 - £205  
60 | 90 mins

## Add-ons to the standard services:

- 15 min foot massage
- 15 min head massage
- Use of organic essential oils

from £40  
from £40  
from £40

## Japanese Acupuncture

As one of the oldest forms of medicine and healing in the world, acupuncture has been proven effective for chronic pain issues, muscle and joint issues and stress reduction. Furthering the theme of “gentle” and “relaxing”, our Japanese acupuncturists incorporate the technique with a body massage. This additional sensation adds to the soothing nature of Japanese acupuncture.

£185 - £225  
60 | 90 mins

## Manual Lymphatic Drainage

Age-defying and designed to boost the immune system, the manual lymphatic drainage is a gentle, rhythmical massage treatment performed to stimulate the circulation of lymph fluid around the body. This helps to rapidly speed up the removal of wastes and toxins from a sluggish lymphatic system.

£110 - £145 - £185  
45 | 60 | 90 mins

## Craniosacral Therapy

This gentle non-invasive therapy supports your body's innate ability to balance, restore and heal itself as well as helping to reduce stress and improve your energy levels. Craniosacral Therapy is beneficial for people who suffer with physical problems such as headaches, bad backs and long standing problems.

£145  
60 mins

*\*Specific days only for the above treatments.  
Advance booking required.*

## Hiro Miyoshi Organic Essential Oil Treatments

Please note that Hiro Miyoshi at The Ritz has exclusive use to some of the highest quality Organic and Carrier Oils.

# TERMS & CONDITIONS

## **Treatment Packages**

Information on special packages can be obtained by contacting Hiro Miyoshi at The Ritz on 020 7300 2435.

## **Treatment Charges**

All treatments will be charged at the price current on the date of treatment (unless otherwise agreed). All treatments include Value Added Tax and prices shown are FROM.

## **Advanced Bookings**

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

## **Salon Arrival**

We recommend that you arrive at the Salon reception 15 minutes prior to your scheduled appointment to allow for a brief treatment consultation. If you are unable to arrive promptly for your appointment we do ask you to give us as much notice as possible. If you are more than 10 minutes late, your appointment may need to be modified or unfortunately may need to be rescheduled.

## **In-Room Treatments**

If you are staying with us, you may opt to have a selection of treatments in your bedroom. Please note that these will incur a 20% surcharge. Please ask us for more information by dialling extension 3435 from your in-room telephone.

## **Age Requirement**

No one under the age of 14 is permitted to have treatments in Hiro Miyoshi at The Ritz. Our treatments are specially tailored for adults. However, we do offer treatments to those aged 16-18 who have parental consent.

# TERMS & CONDITIONS

## **Health Conditions**

When making your treatment reservation please advise us of any health conditions, allergies or injuries which could affect our service. A skin test is required 48 hours prior to a colour service.

## **Salon Etiquette**

We ask that you respect the privacy and general experience of other guests whilst in the salon.

## **Salon Treatment Products**

We offer a selection of different hair and beauty supplements to help continue your after care service at home, all of these products can be located within Hiro Miyoshi at The Ritz.

## **Loss or Damage**

We cannot be held responsible for any loss or damage that happens within Hiro Miyoshi at The Ritz to a guest's personal belongings.

## **Out of Hours Bookings**

For out of hours and / or room bookings, 50% price increase may apply.

## **Cancellation Policy**

Any cancellations, no shows or late arrivals will result in a 100% charge of the service booked. Upon booking we reserve the right to take a deposit to secure any appointments scheduled and if we are given less than 24 hours notice of cancellation this deposit will not be refunded.

*Prices may be subject to change*

**For full terms and conditions, please visit our website at  
<https://www.theritzlondon.com/hiro-miyoshi>**



THE RITZ SALON